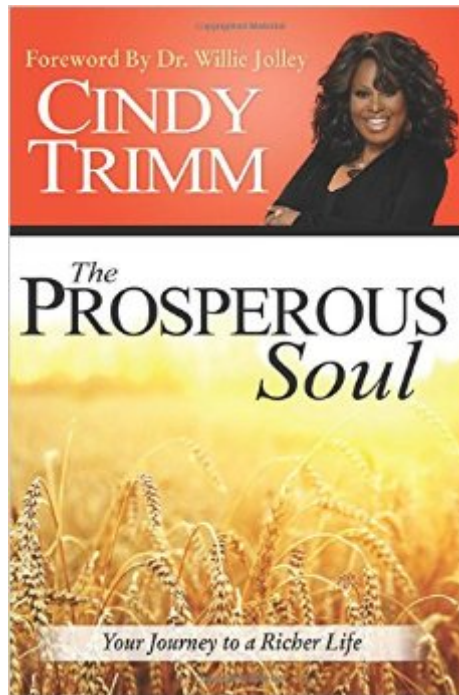


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# The Prosperous Soul: Your Journey To A Richer Life



## Synopsis

Learn How to Prosper in Every Area of Your Life! I came so they can have real and eternal life, more and better life than they ever dreamed of. "Jesus " Prosperity begins from within. You were created to enjoy prosperity on every level" from a rich spiritual and intellectual life, to a richness in your relationships and professional pursuits! The problem is that prosperity has often been reduced to a single measure: A dollar amount. Truth is, financial abundance is just one expression of what it means to live a rich life. Bestselling author and life empowerment specialist, Dr. Cindy Trimm, makes it clear that the abundant life described by Jesus is not only for everyone, but is available at any time. Abundance is a choice! The secret lies within your soul. Get ready to" Make daily choices that position you to fulfill your dreams Embrace prosperity in every area of your life: Spiritually, mentally, physically, relationally, vocationally, and financially. Discover the 40 key practices for living your most prosperous life A prosperous soul is your all-access pass to living a rich life. As your soul prospers, every area of your life will follow suit. Why wait? Start prospering today!

## Book Information

Paperback: 224 pages

Publisher: Destiny Image; 1 edition (March 17, 2015)

Language: English

ISBN-10: 0768405181

ISBN-13: 978-0768405187

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars " " See all reviews" (28 customer reviews)

Best Sellers Rank: #89,549 in Books (See Top 100 in Books) #14 in " Books > Christian Books & Bibles > Bible Study & Reference > Quotations #574 in " Books > Christian Books & Bibles > Christian Living > Self Help #713 in " Books > Christian Books & Bibles > Christian Living > Personal Growth

## Customer Reviews

This book was a great read! It is meant to be studied throughout a 40 day period (8 weeks, 5 days each), but I could not put it down. It is a book to read, re-read, study, and apply to your own life. While reading, there were so much good information and applications that I could use in my own life. It's so much more than living for riches or the "prosperity gospel", but more of how to live your

life to its fullest potential. The author broke it down into a different category for each of the weeks: spiritual, intellectual, emotional, physical, relational, social, vocational, and financial. Each of the different categories provided specific insight on how to reach a fuller life. At the end of each of the days it also includes a "Prosperity Point" that brings the entire day's subject together along with a "Prosperity Thought" to provoke further study. Throughout the entire time reading this book, I found myself writing down notes from what I was learning from the reading. I also found it to be so applicable to life in general and hit home in specific things in my life personally. This book covers so many different things, but does a good job of getting the important "take home" things to get from it across. This book encouraged me personally to want to live my life to its fullest, to what God has created it to be, not halfheartedly, but all in. I was challenged to constantly think the joy-producing thoughts of a life dedicated to Christ, to fully surrender over what I thought was best to The Best Thing: God, to see myself as the person I want to become, and so much more. I would recommend this book to anyone looking to "fulfill [their] purpose and maximize [their] potential."

â œl came so they can have real and eternal life, more and better life than they ever dreamed of.â •  
â œProsperity comes from within. You were created to enjoy prosperity on every level â “ from a rich spiritual and intellectual life, to richness in your relationships and professional pursuits! The problem is that prosperity has often been reduced to a single measure: A dollar amount. Truth is, financial abundance is just one expression of what it means to live a rich life.â • I wondered when I asked to review this book if it was going to be another â œdo this and youâ™ll be richâ | prosperity gospelâ • book. Oh how wrong I was. This book by Dr. Cindy Trimm is amazing! It truly spoke to my heart. This book, *The Prosperous Soul*, is meant to be read, and studied, over 40 days; focusing on the areas of: Spiritual, Intellectual, Emotional, Physical, Relational, Social, Vocational and lastly Financial Prosperity. But I couldnâ™t hold on to the next day to read the wisdom that so packs the pages of this book such as â œYou can only become the best version of yourself â “ you will never be the best version of someone else. You can only win the race God has set before you by being the very best possible you.â • (Page 45). This book is not only a must readâ | it is a must read again, and then again to study and apply its wisdom. About the Author: As a best-selling author, keynote speaker, and former senator of Bermuda, Dr. Trimm is a sought-after empowerment specialist, thought leader, and advocate for cultural change. Listed among *Ebony* magazineâ™s Power 100 as the â œtop 100 doers and influencers in the world today,â • Dr. Trimm consults with civic, nonprofit, and religious leaders around the world. With a background in government, education, psychology, and human development, Dr.

The life of our soul is very important, Trimm writes. She wants each of us to have a prosperous soul. This is the third book in her series on the vitality of the soul. She lays a foundation of investigating what true abundance and prosperity mean. She concentrates on the inner attitude rather than the accumulation of stuff. She encourages us to make the decision to hope, be joyful, be grateful, be expectant. What follows are forty chapters looking at the various aspects of the soul and how to make each of them flourish. She has grouped the chapters around the eight realms of life: spiritual/physical, emotional/intellectual, vocational/calling, relational/reputational. She also covers the eight human drives that coincide with the realms: the drive to be safe, to know, to be known, to bond, to grow, to be recognized, to achieve, to acquire. She adds the corresponding hallmarks of an empowered person: feeling loved, energized, supported, respected, contributive, sense of meaning, connectedness, ownership. I really like the way Trimm has written this book. I like it that she does not emphasize the accumulation of money or stuff. She concentrates on how we build a prosperous soul the way God wants, not what man considers prosperous. Trimm lays a foundation with an emphasis on grace, the importance of Bible reading, prayer, meditation, fasting, etc. I was surprised with some of her suggestions – “like creativity. – “The world needs people who are obsessed with pursuing God and His witty inventions in order to solve real-world problems.” • (107) I really like that. And how about a chapter on study? – “Don’t be afraid to explore new topics.” • (110) As a life long learner, I love that! Other chapters include joy and peace. Others are on fortitude and tenacity.

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